

Presented by the UCSF Colitis and Crohn's Disease Center
Division of Gastroenterology, Department of Medicine
University of California, San Francisco School of Medicine



19th

UCSF Updates In Inflammatory Bowel Disease 2023

St. Regis San Francisco • San Francisco, CA



Saturday – Sunday **November 11-12, 2023**

COURSE CHAIRS

Uma Mahadevan, MD

Lynne and Marc Benioff Professor of Gastroenterology
Director, UCSF Colitis and Crohn's Disease Center
University of California, San Francisco

Fernando S. Velayos, MD, MPH

Professor of Medicine,
University of California, San Francisco
Chief of Gastroenterology, Kaiser San Francisco

updatesibdcme.ucsf.edu



UCSF

The UCSF Colitis and Crohn's Disease Center is dedicated to providing comprehensive care for individuals with Crohn's disease, ulcerative colitis, and related illnesses. As part of this commitment, we are proud to present our eighteenth annual inflammatory bowel disease (IBD) symposium. This course will address advances in the medical and surgical management of Crohn's disease and ulcerative colitis including novel therapies and optimizing current medications. Management of special populations including the pregnant patient and those with complications of therapy will be discussed.

WHO SHOULD ATTEND THIS COURSE?

This symposium is designed for gastroenterologists, colorectal surgeons, internists, and other health professionals who participate in the management of this complicated patient population.

OBJECTIVES

Upon completion of this course, attendees will refine their approaches to:

- Correct choice of therapy and adequate monitoring of therapy efficacy among patients with IBD
- Appropriately utilize novel diagnostics including intestinal ultrasound
- The unique challenges for special populations in IBD - pregnant patients, older patients, and LGBTQ patients
- Endpoints of therapy for IBD
- Discussing novel therapies and biosimilars with their patients
- Appropriately prescribing dietary therapy for IBD

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ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **10.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

ABIM Maintenance of Certification

Points Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **10.50 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ABS Maintenance of Certification

Points Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **10.50 MOC points** in the American Board of Surgery's Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABSurgery MOC credit.

Nurses For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Pharmacy The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit™**.

Physician Assistants AAPA accepts category 1 credit from AOACCME, Prescribed credit from AMA category 1 credit for the PRA for organizations accredited by the ACCME.

UCSF Updates In Inflammatory Bowel

SATURDAY, NOVEMBER 11, 2023

7:00 am	<i>Registration and Breakfast</i>	
8:00	Welcome and Overview	Uma Mahadevan, MD
8:10	Mechanisms of IBD: Microbiome, Diet, Genetics	Maria T. Abreu, MD
8:40	State of the Art: Management of Crohn's Disease	Gil G. Kaplan, MD, MPH
9:20	State of the Art: Management of Ulcerative Colitis	David T. Rubin, MD
10:00	Questions to the Panel	<i>Moderator:</i> Uma Mahadevan, MD
10:20	<i>Coffee Break</i>	
10:40	Medical Case Presentations <i>Panel:</i> Maria T. Abreu, MD • Emily Finlayson, MD • Gil G. Kaplan, MD, MPH • David T. Rubin, MD	<i>Moderator:</i> Uma Mahadevan, MD
12:00 pm	<i>Course Luncheon (included in registration fee)</i>	
	UCSF SPOTLIGHT	<i>Moderator:</i> Fernando Velayos, MD
1:00	Crohn's Disease Exclusion Diet – a How to Guide	Neha Shah, MPH, RD, CNSC
1:30	Drug Safety in Pregnancy and Lactation	Uma Mahadevan, MD
2:00	When to Order Genetic Testing in IBD	Michael Kattah, MD, PhD
2:20	The Role of Intestinal Ultrasound in IBD Care	Rishika Chugh, MD
2:40	Anal Dysplasia in IBD: When and How to Screen	Justin Field, MD
3:00	The Aging IBD Patient – Frailty and Polypharmacy	Kendall Beck, MD
3:30	Steroid Refractory Ulcerative Colitis	Sara Lewin, MD
4:00	Questions to the Panel	<i>Moderator:</i> Fernando Velayos, MD
4:15	<i>Adjourn</i>	
4:15-5:00 pm	<i>Wine and Cheese Reception</i>	

program



SUNDAY, NOVEMBER 12, 2023

7:00 am	<i>Breakfast</i>	
8:00	Opening Remarks	Uma Mahadevan, MD
8:05	Global Epidemiology of IBD	Gil G. Kaplan, MD, MPH
8:35	Emerging Therapies in IBD	Maria T. Abreu, MD
9:05	Histologic Healing – THE Endpoint?	David T. Rubin, MD
9:35	Biosimilars 2023: Switches and Swaps	Fernando Velayos, MD, MPH
10:05	Questions to the Panel	<i>Moderator:</i> Michael Kattah, MD, PhD
10:25	<i>Coffee Break</i>	
10:45	Rapid Fire: Hot Topics	<i>Moderator:</i> Uma Mahadevan, MD
	<i>Panel:</i> UCSF Faculty	
12:00 pm	<i>Adjourn</i>	

GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus.

REGISTRATION INFORMATION

Course enrollment is limited, and early registration is encouraged. Pre-registration closes **November 10, 2023**, and on-site registration rates will apply after this date.

Register before **September 1, 2023** and receive \$50 off your registration:

Physicians: **\$350** Early Bird (postmarked after September 1, 2023 – **\$400**)

Advanced Health Professionals/Nurses: **\$300** Early Bird (postmarked after September 1, 2023 – **\$350**)

Residents/Fellows: **\$150** Early Bird (postmarked after September 1, 2023 – **\$200**)

* On-site registration will be \$50.00 additional
Payment can be made by Visa, MasterCard, AmEx or check.

REFUND POLICY

Cancellations received in writing by **November 9, 2023** will be refunded, less a \$100 administrative fee. No refunds will be made on cancellations received after that date.

REGISTER VIA:

Online: updatesibdcme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of Continuing Medical Education
490 Illinois Street, Floor 8
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course:

updatesibdcme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses, however pre-registration is preferred to ensure that we have adequate course materials.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

The **St. Regis San Francisco** enjoys an artful address, with the Museum of the African Diaspora located within the hotel and the renowned San Francisco Museum of Modern Art next door. This San Francisco hotel defines the modern day interpretation of the St. Regis legacy that began over a century ago.

A block of guestrooms has been reserved at the special UCSF discounted conference rate of **\$440/night**. You are urged to make your reservations early. The cut-off date is **October 20, 2023**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only.

To make hotel reservations on-line, go to <https://updatesibdcme.ucsf.edu/> and click on the hotel link in the Travel & Lodging section of the course webpage.

If you prefer to telephone in your reservation, call 1-877-787-3447 and identify yourself as a member of this UCSF conference to receive the special discounted rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following offer code to book on your own: United – www.united.com code: ZMGE963115

You may also call **United Meetings Reservation Desk** Monday – Friday at **(800) 426-1122** for booking assistance.

general info



For more information or to register online visit our website at <https://updatesibdcme.ucsf.edu/>
You may also reach us by calling the Office of CME at (415) 476-4251 or emailing: info@ocme.ucsf.edu.

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San Francisco**
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University of California,
San Francisco

Fernando S. Velayos, MD, MPH

Professor of Medicine,
University of California,
San Francisco; Director of
Inflammatory Bowel Disease,
Northern California Kaiser

GUEST FACULTY

Maria T. Abreu, MD

Professor of Medicine; Professor of
Microbiology and Immunology;
Director Crohn's and Colitis Center;
Martin Kalser Chair in
Gastroenterology; Vice Chair of
Research, Department of Medicine;
Chair, International Organization for
the Study of Inflammatory Diseases
University of Miami Miller School of
Medicine, Miami, FL

Gilaad G. Kaplan, MD, MPH

Professor of Medicine,
Gastroenterologist and
Epidemiologist, Cumming School of
Medicine and Department of
Community Health Sciences,
University of Calgary, Calgary, AB

David T. Rubin, MD

Professor of Medicine; Chief,
Section of Gastroenterology,
Hepatology, and Nutrition;
Co-Director, Digestive Diseases
Center; University of Chicago
Medicine, Chicago, IL

UCSF FACULTY

Kendall Beck, MD

Assistant Professor of Medicine,
Division of Gastroenterology

Rishika Chugh, MD

Assistant Professor of Medicine,
Division of Gastroenterology

Justin Field, MD

Advanced IBD Fellow, Division of
Gastroenterology

Emily Finlayson, MD, MS

Professor of Surgery, Medicine, and
Health Policy

Michael Kattah, MD, PhD

Assistant Professor of Medicine,
Division of Gastroenterology

Sara Lewin, MD

Assistant Professor of Medicine,
Division of Gastroenterology

Neha Shah, MPH, RD, CNSC

Registered Dietitian and Health
Education Specialist

faculty
updatesibdcme.ucsf.edu

REGISTRATION FORM • MDM24C01

UCSF Updates In Inflammatory Bowel Disease

Friday - Saturday, November 11- 12, 2023

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San Francisco, CA 94143

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Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Ms. ☐ Mr. ☐ Mrs. ☐ Mx.

LAST NAME FIRST M.I.

DEGREE SPECIALTY

ADDRESS

CITY STATE ZIP

DAYTIME PHONE FAX

EMAIL

Address Label Code (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No

 Please indicate if you have any special needs: _____

REGISTRATION FEES

	Early Bird	Postmarked after September 1, 2023
Physicians	<input type="checkbox"/> \$350	<input type="checkbox"/> \$400
Advanced Practice Professionals/Nurses	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350
Residents/Fellows	<input type="checkbox"/> \$150	<input type="checkbox"/> \$200

LUNCH

Please confirm below so we may plan for the appropriate number of people:

☐ I **will** attend lunch (included in tuition) ☐ I **will not** attend

Make checks payable to **UC Regents**

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for \$ _____

CARD # EXPIRATION DATE

NAME ON CARD (PLEASE PRINT) AUTHORIZED SIGNATURE

Refund Policy: Cancellations received in writing by **November 9, 2023** will be refunded, less a \$100 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course:
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www.marriott.com/stregis/sanfrancisco

